

Nature's way to skin care



COCONUT products are in high demand from people seeking healthy food and lifestyle alternatives.

The latest coconut products to hit the market are Noosa's very own Coconut Tree range of everyday hair and body products that are blended from 100 per cent organic coconut oil.

Enhanced with quality natural ingredients that combine to effectively protect, nourish and beautify, Coconut Tree products feed the body with the real essence of coconut.

Launched in June 2014, Coconut Tree is the concept of Noosa local Catherine Reddaway who had a personal quest to find quality, daily skin and hair products derived as much as possible from natural ingredients that are effective and affordable.

"We now know that what you put on your skin goes directly into your body and it makes perfect sense then that as well as making healthy food choices, we also need to make healthy skin and hair food choices," Catherine said.

"Coconut oil is an excellent skin conditioner containing medium-chain triglycerides which deeply penetrate, moisturise and act as a protective barrier against the ageing effects of environmental and free radical damage. It absorbs quickly and helps skin retain moisture, promotes skin elasticity and keeps it looking young and supple and radiant.

"Hair loves coconut oil too as it is packed full of nutrients like lauric and capric acids and vitamin E that help to keep hair healthy, luxuriant and strong," Catherine said.

Coconut Tree products have a base of pure, raw 100 per cent certified organic coconut oil

derived from the islands of the South Pacific and are enhanced with botanical extracts, essential oils, natural butters and vitamins, each selected for its deeply nurturing, restorative and protective qualities.

"The products protect and care for your skin and hair and don't contain any harmful additives, so they are gentle and nourishing to use each day and are perfect for the whole family to use. We are committed to using high quality, natural or naturally derived ingredients in all our products and guarantee that they will be free from artificial colours and fragrances; preservatives, sulphates, parabens and mineral oils and of course, they are not tested on animals," Catherine said.

The Coconut Tree skin and hair food range includes:

- Coconut Everyday Face Moisturiser plus Sunscreen
- Coconut Body Wash
- Coconut Body Butter
- Coconut Body Balm
- Coconut plus Argan Oil Shampoo
- Coconut plus Argan Oil Conditioner
- Coconut Bub Balm

Coconut Tree products can be bought online at www.coconuttree.com.au or at these local stockists: LiveLife Pharmacy, Noosa Fair Shopping Centre, Terry White Chemists, Noosa Junction Plaza, Noosa Holistic Health, Mary Street, Organika, Gibson Road, Belmondos to Go, Hastings Street.

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EXPERIENCED hypnotherapist and wellness coach, with over 20 years' experience, Vanessa Gregory, now in Noosaville, is ready to help you achieve your health and wellbeing goals.

As a complementary therapist, Vanessa has helped her clients to become successful non smokers, overcome workplace stress, lose kilos and maintain weight loss, but above all, regain an interest in life.

Vanessa has a special long-term interest in relapse prevention for addiction to alcohol and drugs preferably working alongside clinicians. She is a member of an international mastermind group about to introduce an innovative approach to Addiction Freedom using hypnotherapy.

Vanessa is able to offer hypnotherapy and wellness sessions at budget prices, with appointments available in and out of business hours. For an introductory period, Vanessa will offer a hypnotherapy session for \$50 with two follow-up sessions at \$25 each. For further information call Vanessa on 5449 8174.

COCONUT TREE THE CIRCLE OF LIFE

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